**Unit:** All About Me

**Theme:** Who am I?

**Essential Question:** What makes me special? **Focus Question:** Who am I?

**Vocabulary:** special, different, growth, favorite, unique

**Materials:**

Playdough

Crayons

Tiger & Koala mazes

“All About Me” page

Slant Strokes pages

Self portrait page

Glue

Magazines

Body shape

Scissors

Stickers

Sidewalk chalk

**Read Alouds to View:**

*What I Like About Me* by Allia Zobel-Nolan <https://www.youtube.com/watch?v=xvWJ0usfiN4>

*I Like Me* by Nancy Carlson <https://www.youtube.com/watch?v=VbhUZPA6kwE>

*Be Who You Are* by Todd Parr <https://www.youtube.com/watch?v=QGkXyT5tMas>

*What If We Were All the Same?* by C.M. Harris <https://www.youtube.com/watch?v=PIR4zZvrOkI>

*We Are All Alike, We Are All Different* by Cheltenham Elementary School Kindergartners

<https://www.youtube.com/watch?v=LUhwF4ie8WM>

**Questions/Discussion Ideas after Read Alouds:**

\* What makes you special?  
\* Do you have any of the characteristics from the stories? Freckles, big ears, curly tails, etc?

\* Discuss similarities and difference in members of your family (hair color, eye color, height, age, etc)

\* Look in magazines or online at images of people. State how they are alike and different.

\* Review your child’s full name, age, and birthday!



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| **At Home Choice Board:**  Choose 2 activities to complete each school day! | | | | |
| Have your child use playdough to create their first initial. | Practice writing the slant strokes (see attached) | Watch a video about being different & the same!  <https://www.youtube.com/watch?v=hUrjb4SZnxg> | Complete the “Tiger” and “Koala” mazes to practice the pull down and slide strokes. (see attached) | Share a baby photo of your child. Discuss how they have changed as they’ve grown. Talk about what they can do now that they could not as a baby. Show your own baby picture. |
| Practice writing your name! Use crayons to rainbow write: <https://www.youtube.com/watch?v=2xh-DYWh1HI>  \*You can choose your own colors if you don’t have the ones in the video! | Sing a song about your face!  <https://www.youtube.com/watch?v=X8jOwEyWTHw> | Play a name game to work on syllables!  <https://www.youtube.com/watch?v=iJgTL-dKyJk> | Decorate the body shape (see attached) with drawings, stickers, and pictures from ads, magazines, or boxes! Cover it with things your child loves! Have them help think of and find pictures. You cut if they aren’t ready, they can glue! | Play “I Spy” for color review! Be sure to include: red, orange, yellow, green, blue, purple, pink, brown, black, white, & gray.  Here’s how:  <https://www.youtube.com/watch?v=5ybJXkE0VaY> |
| Practice counting 3 objects in different configurations:  <https://www.youtube.com/watch?v=cNRt8dwpb3U> | Practice the alphabet with a fun song! <https://www.youtube.com/watch?v=iSKcUJOF-Dw> | Play a fun movement game: <https://www.youtube.com/watch?v=388Q44ReOWE> | Complete the “All About Me” page! (See attached) | Draw a self portrait! (See attached)  Or, go outside and draw yourself with chalk! |

**Unit:** All About Me

**Theme:** My Feelings

**Essential Question:** What makes me special? **Focus Question:** What are my feelings

**Vocabulary:** feelings, emotions, excited, proud, grumpy, frightened, happy, shy, confused, tired, sleepy, unhappy, sad

**Materials:**

Playdough

Journal pages: how I feel, things that make me happy, The Little Red Hen (attached)

LTI Practice pages (attached)

Shaving cream

Baking sheet/large plate/ or tray

scissors

Goat maze (attached)

2 paper cups

Pencils

Paper

crayons

Markers

Sometimes book copy (attached)

Dot pages and family pages (attached)

**Read Alouds to View:**

*Lots of Feelings* by Shelley Rotner <https://www.youtube.com/watch?v=dfDEQao_9oM>

You can also listen to a song from the book here: <https://www.youtube.com/watch?v=ON7soSL9nfA>

*The Feelings Book* by Todd Parr <https://www.youtube.com/watch?v=Wg1ZesqcFcQ>

*The Color Monster: A Story About Emotions* by Anna Llenas <https://www.youtube.com/watch?v=PWujGPb6mgo>

*The Way I Feel* by Janan Cain <https://www.youtube.com/watch?v=gtTKXuzBh00>

*How Do You Feel?* by Anthony Browne <https://www.youtube.com/watch?v=MqrqxufmF1Q>

**Questions/Discussion Ideas after Read Alouds:**

\* How do you feel today?   
\* Discuss how faces look when they are happy, sad, mad, scared, surprised, etc

\* Explain that an author writes the story and an illustrator creates the pictures.

\* Make a list of things that make you happy, sad, mad, frustrated, etc. Change the emotions to best suit your child.

\* Review your child’s full name, age, and birthday!



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| **At Home Choice Board:**  Choose 2 activities to complete each school day! | | | | |
| Talk about how this child looks. Ask how you could make them feel better. | Play an emotion guessing game here:  <https://www.youtube.com/watch?v=dOkyKyVFnSs>  <https://www.youtube.com/watch?v=ZxfJicfyCdg> | Listen to a song about feelings:  <https://www.youtube.com/watch?v=-J7HcVLsCrY>  <https://www.youtube.com/watch?v=utZr0dPu5sk> | Complete the “Goat” maze to review and practice the circle strokes. (see attached) | Learn about the letters Ll, Tt, and Ii  <https://www.youtube.com/watch?v=qEXMoeYe47c>  <https://www.youtube.com/watch?v=HHEqOLZ0hr4>  <https://www.youtube.com/watch?v=P56hZEhqFCw> |
| Practice writing your name! Use shaving cream on a plate or tray! <https://www.youtube.com/watch?v=NM-KbR6lCDE> | Sing “If You’re Happy and You Know It”  <https://www.youtube.com/watch?v=WiDRpk9li9I> | Listen to The Little Red Hen. Discuss feelings she & the other characters had throughout the story.  <https://www.youtube.com/watch?v=2E72TZy0LNo&t=6s> | Create a ”Mood of the Day” cup! See how here:  <https://www.youtube.com/watch?v=VFKjK9BmY9Q>  After, practice snipping or cutting the scraps! | Have your child help set the set or clear the table after a meal together. |
| Practice using the pull down and slide strokes to write the letters L, T, and I*.*  After, find items in your house that begin with each letter! | Practice counting the groups of dots. Then, count the people in each family (see attached). Create groups for the families- group of 2, 3, 4, & 5. | Practice counting the math way! Just practice 1-5 for now!  <https://www.youtube.com/watch?v=jLs15gS1lX0&t=70s> | Make a feelings book. (see attached) | Draw a picture of what makes you happy, how you feel today, or of the story The Little red Hen. (See attached) |

**Unit:** All About Me

**Theme:** My Body

**Essential Question:** What makes me special? **Focus Question:** What do the parts of the body do?

**Vocabulary:** body, senses, sight, hear, smell, touch, feel, (specific body part names)

**Materials:**

Paper

fingerpaint

F, E, & H practice pages

Crayons

pencils

Worm maze (attached)

“My body can” journal page (attached)

Numeral and dot cards (attached)

Lesson 20 math sheet (attached)

Playdough

Numeral math mats (attached)

**Read Alouds to View:**

*A First Book All About You: Eyes, Nose, Fingers, and Toes* by Judy Hindley <https://www.youtube.com/watch?v=OQkUhijF41I>

*Here are My Hands* by Bill Martin, Jr. & John Archembault <https://www.youtube.com/watch?v=9R8nwkw6kFU>

*Nose to Toes* by Marilyn Baillie <https://www.youtube.com/watch?v=D2tew6dQZwE>

*Look, Listen, Taste, Touch, & Smell: Learning ABout Your Five Senses* by Pamela Hill Nettleton

<https://www.youtube.com/watch?v=GNqe-6QAew0>

*It’s Okay to Be Different* by Todd Parr <https://www.youtube.com/watch?v=7EtevpudIXw>

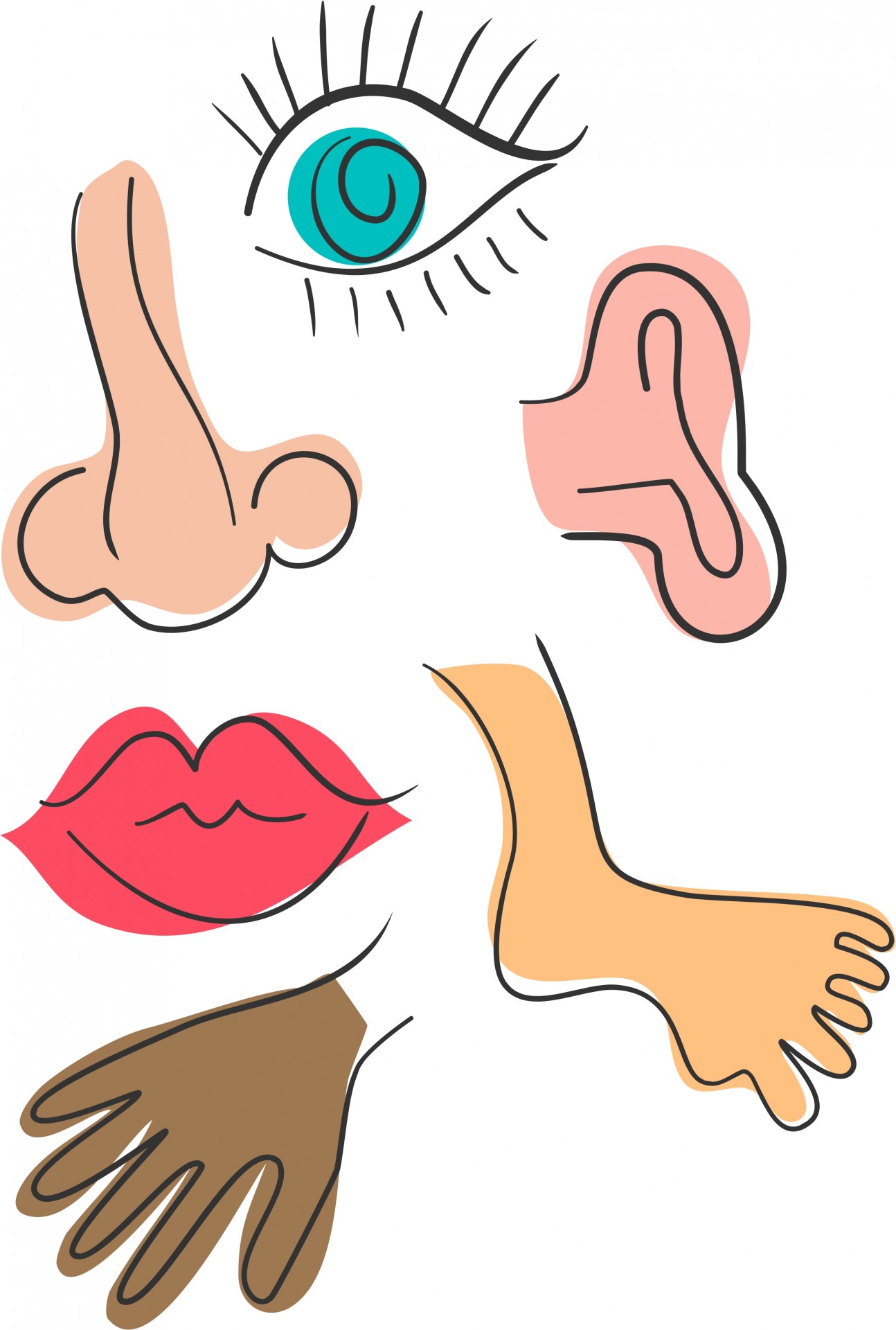
**Questions/Discussion Ideas after Read Alouds:**

\* What body parts do you have?  
\* What does each part do for you?

\* Practice naming body parts, including elbows, shoulders, ankles, wrists, etc,

\*What are your 5 senses? Which body parts help us see, hear, feel, taste, and smell?

\* How many senses are you using when you eat dinner? Play outside? Swim? Read a book?



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| **At Home Choice Board:**  Choose 2 activities to complete each school day! | | | | |
| Learn about the letters F, E, and H!  <https://www.youtube.com/watch?v=Zrj0feSC5oo>  <https://www.youtube.com/watch?v=beaUUPPUT2Y>  <https://www.youtube.com/watch?v=NtUSMBzacQ0> | Practice writing the letters F, E, & H. Remember to pull down and slide! (see attached)  After, find things in books, magazines, or on TV that begin with each letter! | Watch a video about body parts then see how many your child can name:  <https://www.youtube.com/watch?v=iQxOjZ5EPBM> | Complete the “Worm” maze to practice the slant strokes. (see attached) | Review shapes with this game:  <https://www.youtube.com/watch?v=svrkthG2950&t=43s> |
| Practice writing your name! Use fingerpaint!  If not ready for the whole name, start with the first initial! | Sing a silly version of “Head, Shoulders, Knees, & Toes”  <https://www.youtube.com/watch?v=TSdeIhmv6v0> | Practice identifying numerals 1-5 using the mats attached. Have your child make a playdough number then a matching set of playdough balls. | Practice scissor skills with a silly haircut craft. Cut vertical slits into an empty toilet paper tube. Have your child create a face & give it a “haircut.” | Play “I Spy” for textures! I spy something smooth, bumpy, hard, soft, etc,  Here’s how to play:  <https://www.youtube.com/watch?v=5ybJXkE0VaY> |
| Play a name game!  <https://www.youtube.com/watch?v=OzKY5YHnOTg> | Have your child touch and count each set on the lesson 20 worksheet (attached). Color the sets that have 5. | Show a numeral or dot card and have your child give you that many objects from home (cereal, pennies, toys, etc) | Make a face snack! Use fruit on pancakes, a rice cake with raisins, or make a pizza face! | Draw a self portrait! Label body parts and write down what your child can do with each!(See attached) |

**Unit:** All About Me

**Theme:** My Family

**Essential Question:** What makes me special? **Focus Question:** What is a family?

**Vocabulary:** family, mother, father, brother, sister, step, tradition, family members, grandparents

**Materials:**

O & Q practice pages

Crayons

Box

Magazines

Paper

Glue

scissors

“My Family” journal page (attached)

Baking sheet or tray

Salt

Number Book (attached)

**Read Alouds to View:**

*Saturday* by Oge Mora <https://www.youtube.com/watch?v=iURjU8JJ1ek>

*Love Makes a Family* by Sophie Beer <https://www.youtube.com/watch?v=yzTNWAjZS6M>

*Families, Families, Families!* by Suzanne Lang and Max Lang <https://www.youtube.com/watch?v=a2GAPlHXAkk>

*This Is My Family b*y Gina and Mercer Mayer <https://www.youtube.com/watch?v=6NeKTgoF07s>

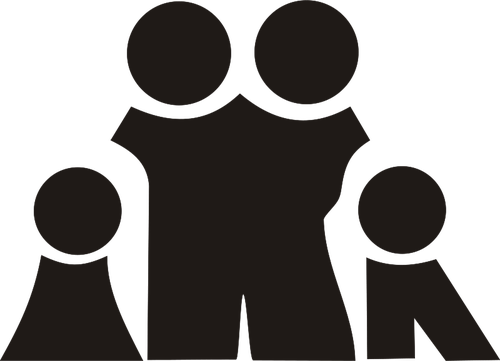
*The Family Book* by Todd Parr <https://www.youtube.com/watch?v=AyVL9bH0guk>

**Questions/Discussion Ideas after Read Alouds:**

\* What is a family?

\*Who can be in a family?  
\*Who is in your family?  
\* How does your family work, play, and celebrate together?

\*Are all families the same?



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| **At Home Choice Board:**  Choose 2 activities to complete each school day! | | | | |
| Learn about the letters O and Q:  <https://www.youtube.com/watch?v=oWbY5EKys60>  <https://www.youtube.com/watch?v=NKAookrRV4s> | Practice writing the letters O & Q.  Remember to circle back and slant right for the Q (see attached) | Listen to a song about families:  <https://www.youtube.com/watch?v=ii_LtHrEiao>  or  <https://www.youtube.com/watch?v=foptl0BeXnY> | Make a simple family tree or a chart that states:  Families can…  Families are…  Families have…. | Have a family game night! |
| Practice writing your name! Make a salt tray! Here’s how:  <https://www.youtube.com/watch?v=Il9ZtprBnsc>   If not ready for the whole name, start with the first initial! | Watch an ASL reading of Five Little Monkeys Jumping on the Bed.  <https://www.youtube.com/watch?v=yGdISmwi1tA>  Review the 5 senses. Retell the story aloud after viewing! | Practice the alphabet with this song:  <https://www.youtube.com/watch?v=OxrUgwVbqoM> | Have your child help with simple chores- make their bed, put away clothing, sort socks, etc. | Review colors:  <https://www.youtube.com/watch?v=wmsjmTUVHmc>  After each color in the song, have your child something in your home that is the same color! |
| Continue to show number cards and dots for your child to count/identify and give you that many objects. | Create a number book for numbers 1-5. Color objects that match each number on the pages. (see attached) | Make a simple shape house. Draw a square and a triangle for your child to cut. They glue it together and add a door, windows, etc. | Use an empty box and create a doll house. Use magazine pictures to decorate. | Draw a family portrait! Label each person that lives with you! Discuss the relationship to your child. (See attached) |

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| **ALL ABOUT ME READING LOG**  **Read a story EVERY DAY!!** Draw a star or smiley face or place a sticker on the date when done! | | | | | | |
| **September/ October** | | | | | | |
| **27** | **28** | **29** | **30** | **1** | **2** | **3** |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |

**Math Lessons:**

\*\*\*Click on the links below to see full lessons and activities to support the skills.\*\*

All About Me- Who Am I?

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-c-lesson-10>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-c-lesson-11>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-d-lesson-12>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-d-lesson-13>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-d-lesson-14>

All About Me- What Are My Feelings?

(see attached Family Letter for at home learning ideas and information)

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-15>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-16>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-17>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-18>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-19>

All About Me- My Body

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-e-lesson-20>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-21>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-22>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-23>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-24>

All About Me- My Family

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-25>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-26>

<https://www.engageny.org/resource/prekindergarten-mathematics-module-1-topic-f-lesson-27>